

## **School and Home Connection**



## What are we learning about this week?

This week we reviewed everything we learned in GOAL University and received a diploma for our participation!









## Thank you!

Thank you for all you do to encourage healthy habits in your children at home! We only have their attention for a few weeks – you have it for a lifetime!

If there is anything the GOAL program staff can do for you in the future, please do not hesitate to reach out. If you have any questions for us about healthy eating or physical activity or want some tips and resources for building healthy habits as a family, we are happy to help in any way we can.

Please feel free to reach out to the GOAL University program manager, Cheryl Kilmark, at ckilmark@iu.edu.

Thanks again!